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## Evidence on Tomosynthesis for Population Breast Screening

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Presentation will focus on tomosynthesis for **population** breast cancer screening

- › Overview of tomosynthesis for population screening
- › Not looking at reader (observer) studies based on cancer-enriched series or when used for recalled cases, nor other applications of tomosynthesis (diagnosis, staging)

Acknowledgement

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### Tomosynthesis for population breast cancer screening

**RCTs:** several in progress

**Prospective comparative trials**

- › organised population-based Euro programs
- › double-reading
- › mostly biennial screening
- › relatively low recall (at 2D)
- › within woman comparisons (keeps woman & cancer characteristics 'constant')

**Retrospective evaluations**

- › US screening practice, radiology or breast services
- › single-reading
- › mostly annual screening;
- › relatively high recall (at 2D)
- › compare 'different' groups of screened women (could introduce bias)

### Tomosynthesis for population breast cancer screening Evidence we have

**Prospective non-randomised screening trials**

- › Oslo (Interim): Several papers 2013-15 (*interim* data, different comparisons)
- › STORM (final results): Several papers 2013-14 (different analyses)
- › Malmö Breast Tomosynthesis Screening Trial - (Interim report 2015)
- › STORM 2 (final results): 2016
- › **Consistent evidence of significantly increased BC detection: 1.7-2.7/1000 screens**
- › Heterogeneous data for recall or *false-recall*: modest reductions\* or slight increase (overall recall applied in trial), or slight increase from 3D-only, or report a 'mix' (pre or post arbitration meetings)

\*reductions calculated conditional to 3D-mammog-positive, or false-positive scores pre-arbitration ...extent it will translate in standard organised screening not so clear

### Prospective trials Evidence tables modified & updated from Chapter by Zackrisson & Houssami (Breast Cancer Screening, Elsevier 2016)

Author	Study Design	2D (view)	2D/3D (view)	Incremental CDR	Recall for 2D-alone or 2D/3D	False recall
Clatton et al 2013 [STORM] Lancet Onc	Prospective trial (7,292) population based, Italy, compares 2D and 2D/3D screening (paired data); sequential double-reading, recall by either reader	2D: 8.3 2D/3D: 8.1 P<0.001	2D/3D: 8.1	↑ 2.7/1000	Recall conditional to 2D/3D: positive: 3.5% (analytic estimate: 17% decrease in FP recalls)	↓ 2.9%*
Houssami et al 2014 [STORM follow-up] EJC	Extended analysis of STORM includes first year follow-up for interval cancers	2D double-read: 5.3 vs 2D/3D single-read 7.5 P<0.001	2D/3D: 8.0 (reader-adjusted) P=0.001	↑ 2.2/1000	Recall conditional to 2D/3D: positive: 3.5% (analytic estimate: 17% decrease in FP recalls)	In trial increased overall recall by ~1%
Skaane et al 2013 [Interim Oslo trial data] Radiology	Prospective trial (12,631) population-based, Norway, comparing 2D and 2D/3D screening (paired data; double-reads with arbitration meeting)	2D: 6.1 2D/3D: 8.0 (reader-adjusted) P=0.001	2D/3D: 8.0 (reader-adjusted) P=0.001	↑ 1.9/1000	2D: 6.1% 2D/3D: 5.3% (15% decrease of FP, adjusted for reader)	↓ 0.8%
Skaane 2013 Euro Radiol	Analysis of double-reading Oslo trial	2D: 7.1 2D/3D: 9.4 P<0.001	2D/3D: 9.4 P<0.001	↑ 2.3/1000	2D: 6.1% 2D/3D: 5.3% (pre-arbitration FP scores)	↑ 1.8% of FP scores but increased overall recall rate by 0.8%
Lång et al 2015 [Interim MTSI data] Euro Radiol	Prospective trial (7,500 from target 15,000) random sample invited in population-based program, Sweden: 2D-mammog (2 views) versus stand-alone 1-view 3D-mammog (DBT), independent double-reads	2D (2-view): 6.3 3D (1-view): 8.9 P<0.0001	2D/3D: 8.9 P<0.0001	↑ 2.6/1000	Overall recall rate (after arbitration): 2D: 2.6% 3D: 3.8% P<0.0001	↓ 0.9%
Bernardi et al 2016 [STORM 2] Lancet Onc	Prospective trial (8,672) population based, Italy, compares 2D with 2D/3D screening or 2Dsynthetic/3D, sequential double-reading x 2 parallel arms (paired data x2), recall at any read	2D: 6.3 2D/3D: 8.5 P<0.001 2Dsynthetic/3D: 8.8 P<0.001	2D/3D: 8.5 P<0.001 2Dsynthetic/3D: 8.8 P<0.001	↑ 2.2/1000 ↑ 2.5/1000	2D: 3.42% 2D/3D: 3.97% P<0.001 2Dsynthetic/3D: 3.42% 2Dsynthetic/3D: 4.45% P<0.001	↑ 0.55% ↑ 1.0%

### Tomosynthesis for population breast cancer screening: Evidence we have

**Retrospective studies (many & increasing) – 10 studies at March 2017**

- › Retrospective studies give slightly different evidence: how much due to screening setting/practice differences? How much due to different study methods (less direct comparisons):
- › relatively less effect on **incremental CDR** 0.2-1/1000 (one showed non-sig reduction in CDR), median 1.2/1000
- › Much more consistent and **marked reduction in recalls** (absolute range 1.4-7.3%) where higher FPR at 2D-Mam screening → stronger argument of 'harm reduction' from 3D in USA screening setting

**Tomosynthesis for population breast cancer screening: Evidence we do NOT have**

**Key evidence gaps: Efficacy & Outcomes** beyond initial detection measures

- Mortality reduction (incremental) → **most relevant measure of screening benefit** but (?feasible) limited ability/power to measure modest increments & unlikely decisions can wait 10+ years: indirect methods (surrogate measures; modelling)
- Impact on screening outcomes (surrogates for mortality benefit) more feasible and **SHOULD be a priority for new research**:
  - Cancer characteristics (predicting incremental mortality benefit from ca stage distributions & ca features – but requires some assumptions)
  - Interval cancer rates (compare using valid methods!)
  - Advanced cancer rates (compare using valid methods) – absolute not proportions

**Tomosynthesis for population breast cancer screening: Evidence we do NOT have**

**Key evidence gaps: Screen-detection measures**

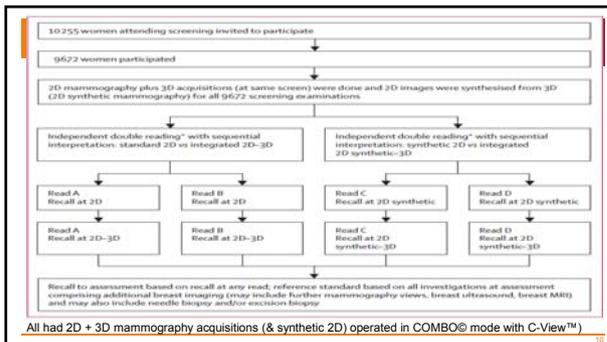
- What is effect of DBT at repeat screening? Most of the evidence from 1st ever tomo screen (even if repeat screen for woman); incremental ca detection maybe much less at repeat tomo screen - 'prevalence effect':
- Early evidence suggests increased BC detection maintained at repeat screen (example: STORM-2); one study showed sustained reductions in recall at repeat DBT screens vs a historical comparison group (McDonald, JamaOncology 2016)
- Subgroups: younger women, (moderately) increased risk – limited knowledge from subgroup analyses; one retrospective study shows better incremental ca dx in <50 years than in > 50 (McCarthy et al JNCI 2014)
- Program **sensitivity**: Initial ca detection + interval Ca data → **screening program sensitivity** (initial ca detection = comparative sensitivity at screening)

**STORM 2, (Bernardi et al) Lancet Oncology June 2016**

STORM 2 recruited in Italy

**Breast cancer screening with tomosynthesis (3D mammography) with acquired or synthetic 2D mammography compared with 2D mammography alone (STORM-2): a population-based prospective study**

Daniela Bernardi, Petra Macaskill, Marco Pellegrini, Mazzi Valentini, Carmine Fanti, Laila Ostello, Pasquina Tuttoebene, Andrea Luparia, Nehmat Houssami



**STORM 2: BC detection (Bernardi et al, Lancet Oncology 2016)**

All screened women

	Detected cancers, n	CDR per 1000 screens (95% CI)	p value*	Incremental CDR per 1000 screens (95% CI) attributed to integrating 3D screening vs 2D alone†
<b>All screening participants (n=9672, analysed as n=9677)‡</b>				
Standard digital 2D mammography	61	6.3 (4.8-8.1)	–	–
Integrated 2D-3D mammography	82	8.5 (6.7-10.5)	<0.0001	2.2 (1.2-3.3)
Integrated 2D synthetic-3D mammography	85	8.8 (7.0-10.8)	<0.0001	2.5 (1.4-3.8)

2D/3D vs 2Dsynthetic/3D: no statistical difference for CDR/incremental CDR (P=0.58)

CDR in subset of 1771 (18%) **repeat 2D/3D** screens (participated in STORM 1 & 2)

- 2D alone (12 cancers): 6.8/1000
- 2D/3D (15 cancers), 2Dsynthetic/3D (15 cancers): 8.5/1000 (+1.7)

**Breast screening with tomosynthesis: Evidence we do NOT have**

**Key evidence gaps**

- Issues that matter to real-life programmatic screening & policy:**
  - Cost-effectiveness studies (high quality, not industry-funded, not assessment data)
  - Logistics & infrastructure for broader adoption in population screening
- Impact on **screen-reading time**: HUGE problem for screening programs → Explore **alternate approaches to screening delivery** *Re-think mammography screening package*:
  - Examples: MBTST (3D-alone/ Less views ?)
  - modify screen-reading strategy: STORM & STORM 2 data for 2D (double-read) vs 2D/3D (single read) (Houssami EJC 2014; Houssami Cancer Epi 2017)

**UNIVERSITY OF SYDNEY** Rethink screening model using 3D

STORM 2, secondary analysis N. Houssami et al., Cancer Epidemiology 47 (2017) 94-99

**Table 2**  
Breast cancer detection rates and incremental cancer detection for single-reading of 3D-mammography versus double-reading of standard 2D-mammography in the ST0 trial.

Single-reading integrating 3D-mammography versus double-reading of standard 2D-mammography (n=9672 analyzed as 9677) <sup>a</sup>	No. of detected cancers	Cancer detection rate (CDR) per 1000 screens (95% CI)	P <sup>b</sup>	Incremental CDR/1000 attributed to integrating 3D screening (95% CI) <sup>c</sup>
Standard double-reading of 2D-mammography	61 <sup>a</sup>	6.3 (4.8, 8.1)	-	-
Single-reading of 3D with 2D mammography	79	8.2 (6.5, 10.2)	P < 0.001	1.9 (0.9, 2.9)
Single-reading of 3D with 2D synthetic mammography	81	8.4 (6.7, 10.4)	P < 0.001	2.1 (1.0, 3.1)

STORM, secondary analysis, from Houssami et al European Journal of Cancer 2014

Secondary outcome: Comparison of 2D/3D-mammography with single-reading and 2D-mammography with double-reading

2D-mammography, double-reading	39	5.3 (3.8, 7.3)	
Integrated 2D/3D-mammography, single-reading	55	7.5 (5.7, 9.8)	2.2 (1.0, 3.6)

<sup>a</sup> p-Value for McNemar's test for paired binary data. P < 0.001

**UNIVERSITY OF SYDNEY** Breast Cancer Screening: Viewpoint of the IARC Working Group; NEJM June 2015

- There is *sufficient evidence* that 2D-mammography + tomosynthesis increases BC detection rates compared to 2D-mammography alone
- There is *limited evidence* that 2D-mammography + tomosynthesis reduces false-positive recall compared to 2D-mammography alone
- There is *inadequate evidence* that 2D-mammography + tomosynthesis (compared to 2D-mammography alone):
  - reduces the rate of interval cancers
  - reduces breast cancer mortality
- Evidence that 2D-mammography + tomosynthesis (from dual acquisition) increases radiation dose compared to 2D-alone

**UNIVERSITY OF SYDNEY** Population breast screening: tomosynthesis-based screening for future

Additional (high-quality) research needed, RCTs would be valuable!!!

Evidence: screen-detection measures	Evidence: optimal 3D-screening model	Evidence: Health economics	Evidence: impact on longer-term outcomes or screening benefit
<ul style="list-style-type: none"> <li>▪ Available &amp; increasing</li> <li>▪ Heterogeneous but definitely favours 3D ... limited data for repeat screening. <b>2D/3D better at screen-detection than 2D alone</b></li> </ul>	<ul style="list-style-type: none"> <li>▪ Limited but likely to increase next few years</li> <li>▪ Critical to re-think current mammography screening models</li> </ul>	Limited	<ul style="list-style-type: none"> <li>▪ Not available</li> <li>▪ Requires larger data-sets</li> <li>▪ Requires collaboration</li> <li>▪ Requires long follow-up</li> <li>▪ May require RCTs</li> </ul>

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**Thank you for inviting me**

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