

# BREAST CANCER METASTASES

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## It's not over...

## It's not all over...

- Aiming for about 3-4 years after diagnosis of metastatic breast cancer.
- Bone-only cases are the longest surviving.
- 10% will be alive at 5 years.
- Patients with metastatic Her 2 positive breast cancers are the exception and can live for many years.

## Local Recurrence

- 1 in 4 local recurrences will herald distant disease.
- Stage with PET CT or Bone scan/CT
- Treat isolated LR aggressively– surgery & radiotherapy

## Local Recurrence



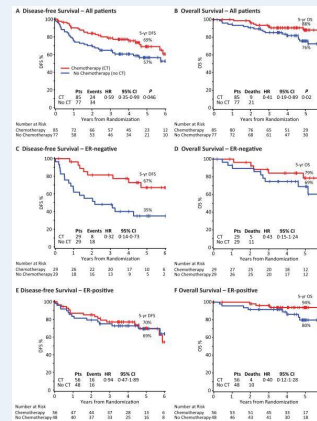
## Avoid Chest Wall Failure



## Local Recurrence

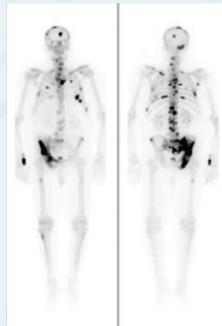
- 'Pseudoadjuvant chemotherapy'
- Limited evidence
- Greatest evidence for TRN:
- Capecitabine
- Multidrug 4 course (Calor Trial)

## Calor Trial



## Distant Metastases

- Why don't we screen for them?
- Historically- no proven benefit.
- Needs further trials...



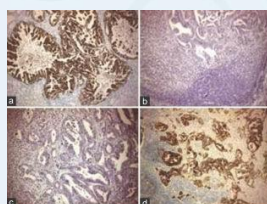
## When symptoms develop:

- History and examination (Neurology)
- Tumour markers- CEA, CA15.3
- Staging imaging- CT/Bone Scan or PET CT



## When symptoms develop:

- Aim to biopsy a metastasis-  
30% will change E/P receptor  
15% will change Her 2 receptor



## Systemic Options

- Consider a trial
- Endocrine- preferred in ER +
- Chemotherapy- sequential
- Anti-Her 2- Trastuzumab/ Pertuzumab
- Bisphosphonates for bone support and to reduce bone events. (Inhibit Osteoclasts)

## Is there a role for Mx with mets?

In selected cases:

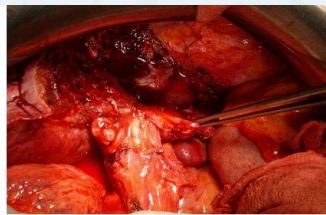
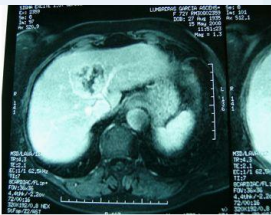
- A Toilet Mastectomy:  
For symptom management
- Survival benefit to reduce tumour burden

## Other Local Treatments

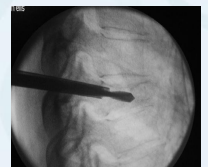
- Bone
  - Prevent or treat fracture
  - Prevent or Rx spinal cord compression
- Liver resection
- Chest Wall Radiation
- Bone Radiation
- Kypho IORT



## Liver Resection



## Kypho-IORT



## Kypho-IORT intraoperative radiotherapy during kyphoplasty



Create an access

Radiotherapy  
(2 min, 8 Gy)

Balloon in position to form  
a cavity for the cement

Balloon removal

Filling with cement  
(PMMA)

## Mrs CP 54

- Vague abdo discomfort/nausea – months
- June 2012 Presents to ophthalmologist with diplopia-CT shows infiltrative disease in orbital muscles, intracanal disease around left optic nerve.
- IX: 60 mm ILC right breast EP + Her 2 -  
Ascites, mesenteric fat involvement, T9-10 disease

- Letrozole, Exemestane, Tamoxifen sequentially with each resistance- last one 2016- splenic lesions
- Leuproprelin to reduce estrogen levels
- Orbital radiation 2012
- 2017 Symptom free
- Enduring response

## Mrs ES 47

- June 2012 Symptomatic 16 mm Grade 2 IDC E+ P- Her 2 neg (on FISH) Node positive
- Pre-op CT scan- liver mets
- Commenced on AC Chemo
- Liver biopsy MBC E+ P- Her 2 FISH +ve
- Clinically rapid response breast/axilla
- CT good response to breast/axilla; not to liver Thickening in colon (had been troubled with constip.)

## Mrs ES 47

- Colonoscopy- Splenic flexure colon Ca R Hemicolectomy
- Commenced Tamoxifen
- Nov 2012 US no breast or axillary lesion
- CT May 2013 Liver mets progressing
- Commenced paclitaxel/herceptin

## Mrs ES 47

- Aug 2013 Liver-good response to treatment.
- Moved onto Herceptin monotherapy
- Nov 2014 Breast lesion returns
- Right partial mastectomy/ whole breast radorx 37 mm Gd 3 IDC E+ P/Her 2-
- Herceptin/Letrozole

## Mrs ES 47



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- May 2015 liver lesions progress Herceptin discontinued Exemestane commenced
- Right posterior hepatic resection, and segment 2 metasectomy. 3 x mets EP +P weak Her 2 +
- Re-commenced Herceptin
- Oct 2015 portocaval nodes. No other disease.

## Mrs ES 47



## Mrs ES 47

- Oct 2015 Portal lymphadenectomy  
2/5 nodes E+ P weak Her 2 –
- Stopped AI/Herceptin
- Dec 2015 New small liver lesion  
Commenced Capecitabine
- July 2016 Disease still responding

## Mrs ES 47

- Dec 2016 Liver progressing  
On vinorelbine
- When loses effectiveness will shift back to  
weekly paclitaxel as she has not progressed on  
it.

## Mrs ES 47

- What has life been like?
- Full time employment-building construction
- Multiple trips to UK/Europe
- Very active  
“Does not look like she has MBC”

- Tailor the treatment
- Fluid treatment plans
- It's not over until it's over